

Diet Order Optimization

Why?

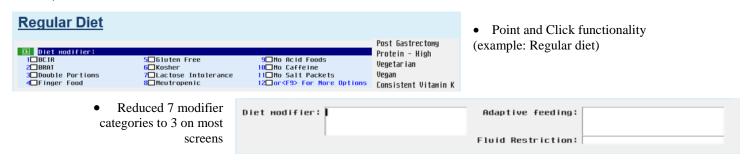
- Patient safety
- Streamline diet orders

Basic Diet Orders and Modifiers

BASIC DIETS	Diet ordering Guide in Meditech / Cerner		
Regular	Liberalized Diet, No restrictions, Order most often		
Renal (low K, Phos, Na)	Hemodialysis, Chronic Renal Failure with elevated K & Phos		
Carb Control	Carb 3 Carb 4 Carb 5 Pregnanacy For Diabetes/Hyperglycemia		
DYSPHAGIA, NEW!!	Consistencies: regular, dental soft, chopped, ground/minced, pureed, nectar, honey, pudding		
GI Low Fat 50g	Pancreatitis, Malabsorption, <50g total fat daily		
Low Fiber	Diarrhea, GI stricture, Gastroparesis, <8-13g dietary fiber daily		
Na Restricted 2g	CHF, Severe fluid retention, liver cirrhosis, chronic renal failure with normal K & Phos		
Heart Healthy	Low Saturated Fat, Na Restricted diet. Promote healthy lifestyle changes		
Clear Liquid	May be used as initial diet after vomiting or surgery		
Full Liquid	Progression from NPO/clear liquids to solid foods		
NPO	Nothing by Mouth		
Bariatric	After gastric surgery for weight loss		
Pediatric	Kid friendly menu choices		
TIF/Post Nissen	Post esophageal surgical procedure		
BCIR	Barnett Continent Intestinal Reservoir at Palms of Pasadena Only		

Modifiers	Adaptive Feeding	Fluid	Fluid Restrictions	
Double Portions	Built up Utensils	800 ml	1800 ml	
Finger Foods	Compartment Plate	1000 ml	l 2000 ml	
Gluten-free	Extra Gravy/Sauce	1200 ml	l Encourage Fluids	
High Protein	Extra Soup Spoons	1500 ml	l No Fluids on meal trays	
Kosher Foods	Feeding Assist New!			
Lactose Free	Fluid in Cup with Handles	Every p	patient must have a diet order before a tray can be	
Neutropenic	Metal Untensils	sent. T	To change a diet order: Enter a new diet order or	
No Acid Foods New!	No Breads/Sandwiches New	edit a cı	current diet.	
No salt packets	No Straw	Cancello	led or completed diet orders will not be processed.	
No-Caffeine	Nosey Cup			
Post-Gastrectomy	Plastic Ware	Tubefee	eding or Oral Supplements: Order > Supp Category	
Vegan New!	Plate Guard	NPO, N	IPO after MN: make sure the Date and Service Time	
Vegetarian	Safety Tray - New!	is accura	rate. The default is set to the current meal.	
Vit K consistent	Small Frequent Meals	NPO aft	ter MN must be checked for time and meal.	
** The comment field has been	deleted for safety reasons.	The Nut	trition Care Manual is located on the local intranet.	

What you will see:



- Renaming: Low fat →GI Low fat (50g)
- Specific diet modifiers: [Gestational → Pregnancy], [No salt added → No salt packet], [Anti-dumping → Post gastrectomy]
- New diet modifiers: No acid foods, chopped bite size, vegan
- New adaptive feeding modifiers: No breads/sandwiches, safety tray, feed assist tray

